









## Turkey with Cabbage

Item	Amount	Available /Bought
	2 – 2.5 pounds (about 1 kilogram) <b>Ground Turkey</b>	
	2 pounds / 900 grams <b>White or Green Cabbage</b>	
	2 pounds / 900 grams <b>Shredded Sauerkraut</b>	
	8 large (1 ounce/ 25 grams) <b>Garlic Cloves</b>	
	2 medium or 1 large (about 1 pound / 450 grams) <b>Spanish Onion</b>	
	5 ounces/150 grams <b>Carrots</b>	

## Turkey with Cabbage (continued 1)

Item	Amount	Available /Bought
	9 ounces / 250 grams <b>Celery Stalks</b>	
	1 cup <b>Parsley Leaves</b>	
	1 cup <b>Imagine Chicken Broth</b>	
	<b>Grapeseed Oil Spray</b>	
	<b>Sea Salt - Fine</b>	

## Turkey with Cabbage (continued 2)

Item	Amount	Available /Bought
	1 teaspoon <b>Ground Black Pepper</b>	
	12 <b>Bay Leaves</b>	