

Turkey with Cabbage

Item	Amount	Available / Bought
	2 – 2.5 pounds (about 1 kilogram) Ground Turkey	
	2 pounds / 900 grams White or Green Cabbage	
	2 pounds / 900 grams Shredded Sauerkraut	
	8 large (1 ounce/ 25 grams) Garlic Cloves	
	2 medium or 1 large (about 1 pound / 450 grams) Spanish Onion	
	5 ounces/150 grams Carrots	

Turkey with Cabbage (continued 1)

Item	Amount	Available / Bought
	9 ounces / 250 grams Celery Stalks	
	1 cup Parsley Leaves	
	1 cup Imagine Chicken Broth	
	Grapeseed Oil Spray	
	Sea Salt - Fine	

Turkey with Cabbage (continued 2)

Item	Amount	Available /Bought
 A red and white McCormick Pure Ground Black Pepper container. The label features the McCormick logo, "PURE GROUND Black Pepper", and "MADE WITH PREMIUM PEPPERCORNS".	1 teaspoon Ground Black Pepper	
 A pink McCormick Organic Turkish Bay Leaves container with a green cap. Next to it are two dried bay leaves.	12 Bay Leaves	