

Broccoli with Garlic

| Item | Amount | Available / Bought |
|---|--|--------------------|
|  | 1 pound / 450 grams Broccoli | |
|  | 1 ounce / 25 gr Garlic | |
|  | 1 Tablespoon Butter - Unsalted | |
|  | 1/2 teaspoon Sea Salt - Coarse | |
|  | 1 teaspoon Sea Salt - Fine | |
| | 1 quart/ 1liter (4 cups) Water for boiling | Not applicable |